Working at Heights Policy
Health and Safety FCX-HS02 | Release 03/2018 | Version 1

POTENTIAL FATAL RISKS
Fall from Heights
Falling Objects

CRITICAL CONTROLS
• Fall Protection System
• Fixed Work Platform
• Mobile Work Platform
• Leading Edge/Open Hole Protection
• Scaffold
• Barriers and Segregation
• Integrity of Overhead Structures
• Securing Devices
• Work Area Management

POLICY
OVERVIEW
Fall protection/prevention (personal fall arrest systems or guardrails) is required 100% of the time whenever persons are exposed to a fall hazard (including wall and floor openings) that could reasonably result in an injury, including:
• Any unguarded walking/working surface either horizontal or vertical that is 4ft (1.2m) above a lower level. If a ladder with a cage is used for access and work is not being performed from ladder, it is exempt.
• Work/Walking 4ft (1.2m) above potential hazards.
• Work from a ladder at any height, including levels below 4ft (1.2m) if a person’s center of gravity is near the ladder rail or requires them to lean backwards.
• Ensure proper equipment: shock absorbing lanyards (see diagram) or retractable lanyards.

TRAINING REQUIREMENTS
SFT_FCX1012C, Initial, Refresher, and Remedial as necessary

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